



proudly presents

**the 2018 First Responders' Challenge
at the 21st-annual Karknocker 5K race/walk**

9 am Saturday, July 28, 2018

at the East Rochester School District campus

Teams of any size from your department are welcome to participate. The team with the lowest cumulative time for their top four finishers will win bragging rights -- and the traveling trophy to keep until the 2019 race!

Proceeds from your participation benefit the Finger Lakes Regional Burn Association's burn-survivor support programs.



Each team member must register either

online: at www.erchamber.org, go to the 'calendar & upcoming events' tab for links to the PCR Timing and RunSignUp sites -- online registration (\$25 plus \$2.50 fee) closes at 11:59 pm Thursday, July 26

mail a registration form with \$25 payment to Martin G. D'Ambrose, c/o ER Chamber of Commerce, P.O. Box 87, East Rochester, NY, 14445 (the forms are available at various locations around ER, and a printable pdf is at www.erchamber.org, under the 'calendar & upcoming events' tab)

Don't forget to indicate the department/group you represent!

For more info, including a route map (the race starts and ends at the ERFD Field Days carnival), go to www.erchamber.org.

Thank you to all participants for your support – and a huge shout-out to the Bushnell's Basin Fire Department for winning last year's challenge!

Questions? Please contact us at info@erchamber.org.