



21st-annual  
**Karknocker 5K Race & Walk**  
**9 am Saturday, July 28, 2018**



**This Saturday morning, July 28, the Karknocker 5K will be passing through your neighborhood!**

*We're expecting several hundred runners and walkers, and need your help to keep them, residents, and motorists safe.*

**The ERPD and DPW will barricade the race route at 8:45 am and re-open it when runners/walkers have passed.**

Woodbine (no parking on race day) > Main > East Ivy > Madison >  
East Elm/West Elm > McKinley > West > Roosevelt > Beechwood >  
McKinley > West Filbert > Garfield (no parking on race day)

**Please see route map on other side ==>**

**The Woodbine/Garfield entrance to the school parking lot will be closed during the race – please enter and exit off West Ivy, near the Ambulance Corps!**

**What can you do to help?**

- \* **Make sure your neighbors are also aware of the race, and park off the street for a couple of hours.**
- \* **Plan ahead and be patient! The ERPD and other law-enforcement agencies will be working with volunteers to control traffic at all intersections.**
- \* **Gather with your family, friends, and neighbors to cheer, offer the cool spray of your garden hose, and/or make signs to encourage the participants – a great activity for kids! Or better yet, register to run or walk the route yourself – get some exercise while supporting the Finger Lakes Regional Burn Association!**

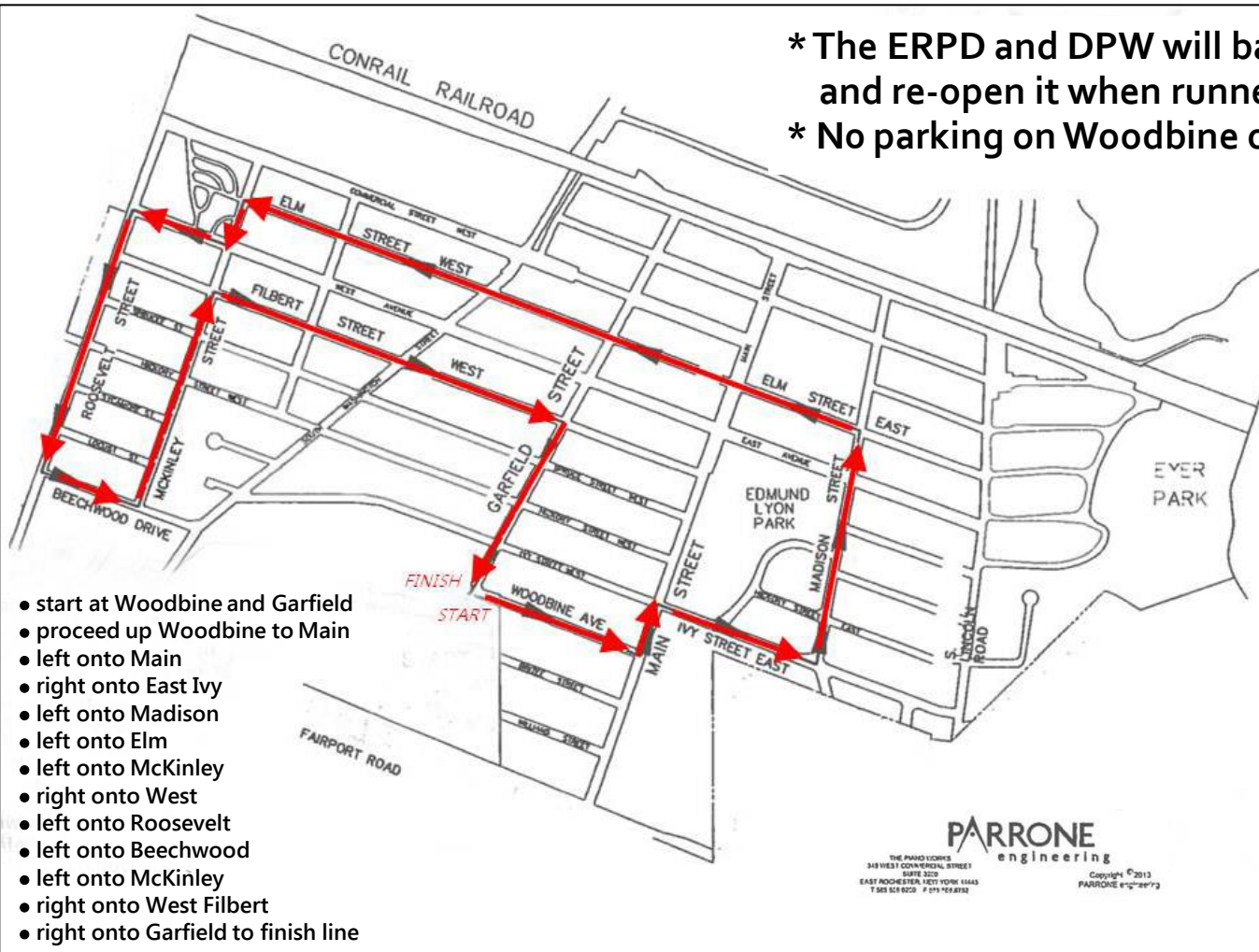
**For more info and/or to register online** (\$25, plus a \$2.50 service fee), go to [www.erchamber.org](http://www.erchamber.org), then the 'calendar & upcoming events' tab for links to the PCR Timing and RunSignUp sites; online registration closes at 11:59 pm Thursday, July 26.

Mail-in forms (\$25) are also provided; on-site registration (\$30) starts at 7:30 am.

**\$1,700 in cash prizes** (open male and female divisions: \$500 first place, \$250 second, and \$100 third)

***Let's give the visiting runners and walkers a warm welcome to the Home of Champions and show them why we're "The Greatest Little Town in the World"!***

- \* The ERPD and DPW will barricade the race route at 8:45 am and re-open it when runners/walkers have passed.
- \* No parking on Woodbine or Garfield on race day!



- start at Woodbine and Garfield
- proceed up Woodbine to Main
- left onto Main
- right onto East Ivy
- left onto Madison
- left onto Elm
- left onto McKinley
- right onto West
- left onto Roosevelt
- left onto Beechwood
- left onto McKinley
- right onto West Filbert
- right onto Garfield to finish line

**East Rochester**  
Chamber of Commerce



After the race.... Please consider supporting our ER Fire Department Field Days Carnival in the afternoon and evening! Come enjoy the rides, games, food, and fun from noon to 4 pm. And in the evening.... the parade kicks off at 6:30, music from Northside Johnny starts at 8, and fireworks go off at 10.

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Thank you to Medved Running & Walking Outfitters for their ongoing help and support!